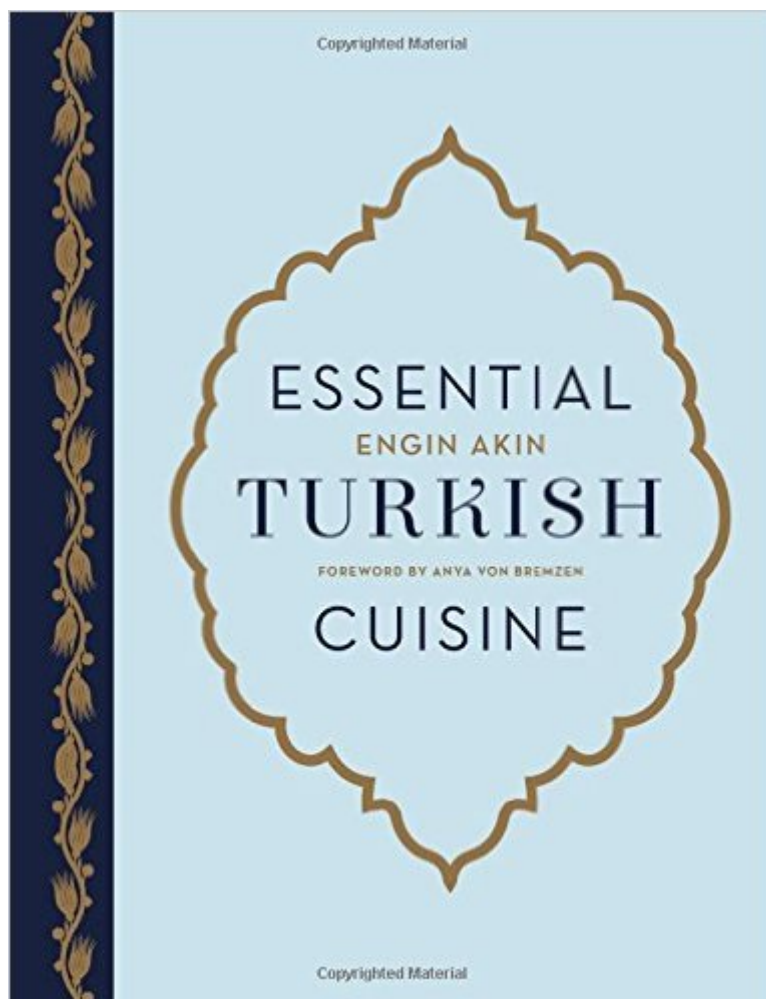


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# Essential Turkish Cuisine



## Synopsis

Engin Akin shares her culinary mastery and describes the evolution of Turkey's diverse culture of food in *Essential Turkish Cuisine*. Complete with 200 recipes found across the country, including traditional dolmas, kebabs, halva, and more, this definitive book offers rare insight into the myriad influences on modern Turkish cooking. Featuring a wide range of large and small plates from Stuffed Peppers and Eggplant to Lamb with Quince, Fresh Sour Cherry Hosaf to Crepes with Tahini and Pekmez, Akin includes expert instruction for each dish. Through these recipes and the gorgeous photographs of Turkey's bustling markets, its food, and its traditions, Akin shares the country's rich heritage and brings the spirit of Turkey into your kitchen.

## Book Information

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Average Customer Review: 4.7 out of 5 stars See all reviews (6 customer reviews)

Best Sellers Rank: #382,939 in Books (See Top 100 in Books) #13 in Books > Cookbooks, Food & Wine > Regional & International > European > Turkish #194 in Books > Cookbooks, Food & Wine > Regional & International > European > Mediterranean

## Customer Reviews

From the Wife: This is a good cookbook, though not--I think--as wonderful as some other Turkish cookbooks--such as Ayla Algar's and Neset Eren's. Lots of nice pictures and, what I like best, blurbs about the origins of recipes on nearly every page. I've made many of these recipes--especially those with eggplant, and regret that we don't have Turkish eggplants in this country. What a difference they would make in a recipe's success. For some reason, the copy I received came damaged. I kept it, but I wish all of 's books were carefully packaged.

The best cookbook to come along in a long time. Not only are the recipes delicious but surprisingly easy to execute. Instructions are clear and the history and provenance of each is explained and detailed. So is the explanation of ingredients and techniques. I've already marked all the dishes I'll

be making, I'll be cooking from it for some time. Engin's personality comes through, her sense of humor and her love of life. The book is a delight!

This book not only incorporates the best the Turkish cuisine has to offer, but also gives a useful insight into the impact of cultural influence and interactions on the evolution of recipes that we sometimes take for granted. Not only a good cook book but also nice reading. Enjoy!

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